




Amery Area Community Center

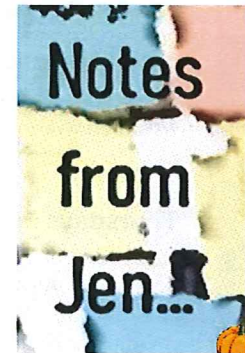
Newsletter for September & October 2024



Our next regular board meeting will be held on **Monday September 16th at 1:00pm.** All members are welcome.

There were 15  's in the last newsletter! Congratulations to Ann R., Gary S., Joann L., and Dona A. for finding them all. Stop by the office for your prize!

Happy Fall!?!...Wait how did that happen so fast? We didn't have summer yet! There are many Events happening in September and October at the Center! Take a look through this newsletter to See all the things taking place. There is Something for everyone! We will continue our All's Well That Ends Well series with Adoray for The next 10 months! We are starting a fall Prevention class with the ADRC in October and Interfaith Caregivers is starting a 6-month series on thriving at independent living, check out the flyers in here or at the Center! These events are all FREE and open to the public; bring a friend! Often times they become white noise, but there is important information on all the flyers and signs I post through out the Center! Oh, and the Line Dancers are turning 5 this year! Congratulations to them on such a successful group! Thank you, Bobbi and Joann, for being such wonderful leaders! And, lastly, we finally collected enough Our Family labels to get our first \$25 check! Keep collecting those labels and thank you to all that have done so, so far! I hidden pumpkins throughout the newsletter, (not including the ones on the calendar! stop in the office with your guess and those that guess correctly will win a small prize from me! Happy Fall!



We will be **closed Monday September 2nd** in observance of Labor Day!

APPLES, APPLES, APPLES!!! Thank you to all who ordered pies during the Amery's Price is Right! We decided to keep the **ordering open until the 15th of September.** Stop in or call for more details!

We are now looking for **pie ingredients or Apple donations** from all those trees that you have! We are also looking to get some volunteers to make pies when those apples come in! Please call if you can help! I have some volunteers already but the more the merrier!



Do you volunteer around our community? Did you know that by telling us your volunteer hours it helps gain grant dollars by showing how active our members are? **In 2023 we had 6568.5 volunteer hours!** WOW, thank you all for your donated hours around the community! I am positive there are more undocumented hours out there! Let's see if we can raise that number! Please, email aaccjen@outlook.com, stop in, or call 715-268-6605.

Thank you!

In order to conserve energy, we are keeping the second door in the entryway closed. If you need assistance navigating the door way; please give us a call before you leave home or knock on the door and someone will be happy to assist you.



All's Well That Ends Well

A Series of End-of-Life Planning & Preparation

Amery Area Community/Senior Center
608 Harriman Ave S, Amery, WI 54001
Every 3rd Wednesday at 10:00 a.m.

Open to the Public!

The phrase "all's well that ends well" suggests that even in a situation begins with difficulties or unpleasantness, as long as it concludes satisfactorily, one can overlook the initial challenges.

Mark your calendars and join us at the Community Center every 3rd Wednesday for our NEW series, "All's Well That Ends Well" the planning and preparation of end-of-life care and Hospice. These one-hour sessions, set in a supportive and non-judgmental environment, will be filled with information to help you plan and prepare for Hospice and death.

September 18th

Topic: Timing is Everything (Intro to Hospice)
Adoray Home Health & Hospice

October 16th

Topic: Funeral Planning
Williamson-White Funeral Home



Sponsored by Adoray Home Health & Hospice | Hosted at the Amery Area Community Center

Stepping On

A FREE Fall Prevention Class

Brought to you by the Aging & Disability Resource Center of Northwest WI in partnership with Polk County Public Health

Thursdays Starting Oct. 10th - Nov. 21st

10:00am to 12:00pm

Amery Community Center
608 Harriman Ave. S
Amery, WI 54001

Stepping On is a FREE two hour, once a week, 7-week program for seniors living at home who have fallen or are concerned about risks. This evidence-based program is proven to reduce falls in older individuals. The program incorporates strategies to implement positive lifestyle changes to keep you independent, upright and active. Guest experts will also visit to discuss topics!

Call to Register or Register Online

877-485-2372

www.adrcnwwi.org



Interfaith Caregivers of Polk County

Bridging the gap to help seniors & adults with disabilities age at home since 1995.

Join us for a 6 month series about how to **thrive living independently!**

FREE AND OPEN TO THE PUBLIC!
Great for seniors, adults with disabilities, and their families!

COMING SOON

You will learn...

What is Interfaith and how can it help me live independently

Wednesday August 28th: 9-11am

How to place an online grocery order for pick up

Wednesday Sept 25th: 9-11 am

Set your home up for success

Wednesday Oct 23rd: 9-11 am

How to make Holiday gifts to connect with loved ones

Wednesday Nov 27th: 9-11 am

Jump start your year with ways to stay independent

Wednesday Jan 22nd: 9-11 am

Ways to combat loneliness & get involved in the community

Wednesday Feb 26th: 9-11 am

Location: Amery Area Community Center
Address: 608 Harriman Ave S, Amery, WI 54001
Phone: 715-268-6605



Interfaith Volunteers help you stay independent!

Interfaith Caregivers of Polk County: 715-483-8500



WEDNESDAY SEPTEMBER 4TH IS NATIONAL MACADAMIA NUT DAY!

Did you know that macadamia nuts originated in Australia? These delectable nuts have a creamy buttery taste that add a subtle richness to everything they are in.

MONDAY SEPTEMBER 30TH IS NATIONAL HOT MULLED CIDER DAY!

Fall welcomes toasty mugs of mulled cider to wrap our chilled hands around and warms our homes with the scent of cinnamon, nutmeg & apple.

FRIDAY OCTOBER 11TH IS NATIONAL SAUSAGE PIZZA DAY!

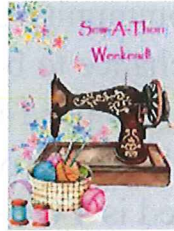
Did you know an estimated 2 billion pounds of pizza cheese was produced in the United States in 1997.

THURSDAY OCTOBER 31ST IS NATIONAL CARAMEL APPLE DAY!

Today celebrates a time-honored fall treat that Many of us remember eating caramel apples or making them with family.

Stop in on any of these days for a tasty treat; while supplies last!

Our Fall Sew-A-Thon will be on **Thursday Sept 26th, Friday Sept 27th 8am-8pm and Saturday Sept 28th 8am-6pm.** Registration deadline is September 18th. Thursday and Friday are free to Members, new members pay \$20 for those two days and Saturday is \$35 for everyone, need not be a member to attend Saturday. All meals are on your own for Thursday & Friday. Saturday will entail a light brunch and a dinner. Please call 715-268-6605 for more details.



Our Annual Fall Scrap-A-Thon will be on **Friday October 11th & Saturday October 12th.** Registration deadline is Wednesday October 2nd. Friday is free to members, new members pay \$20 and Saturday is \$35, need not be a member to attend Saturday. Meals on Friday are on your own. Saturday will entail a light brunch and a dinner. Please call 715-268-6605 for more details.

School is starting again! Mrs. Becker is looking forward to 16 new students this fall! That means I am looking for 16 new or returning pen pals that would like to be a pen pal with the students. Both men and women are welcome to participate. Please call or stop in the office to let us know that you would like to have a pen pal this year! We will gather the list as they get used to a new routine!



Would anyone be interested in joining the Community Trick or Treat Day by decorating the trunk of their vehicle and giving out candy in our beautiful new parking lot (Hopefully, as I write this!) on October 26th? If so, call, email or stop in the office for more details!



Our Christmas Day dinner is fast approaching! I will be asking for cookie trays and desserts from you to share with the community at the Christmas Day dinner.



FREE WILL DONATION



Thursday, September 5

Friday, September 6

8am-6pm

Open to the public

Cash or Check only

608 Harriman Ave S.

Our local Reflexologist, Donna, is offering a bonus day of reflexology here at the Community Center on Thursday October 31st from 1:00pm-3:00pm. This is a great opportunity for you to try a mini session of reflexology for a free will donation. Call 715-268-6605, for more details.





AMERY AREA COMMUNITY CENTER

Join Us at the Center of Activity!

608 Harriman Ave S, Amery WI 54001

715-268-6605 amerycommunitycenter.com

All you can eat!

Pancake Breakfast



September, 15th 8:30-11:30

Also serving sausage, fruit, milk, coffee, & juice

\$5 for adults and children 6 & up

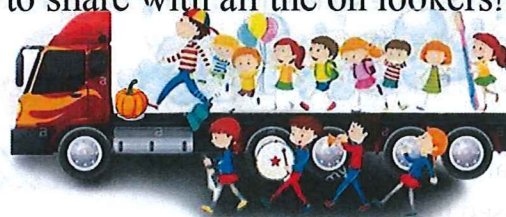
Free for children 5 & under

Open to the Public

608 Harriman Ave S.



The Community Center was Business of the Month during the year with the Amery Community Club. With that honor we also get a chance to be in the Fall Festival parade on September 14th this year! We already have a volunteer driver and trailer ready to go! All I need is YOU! I would love to have as many of our members ride with me, Melinda & Terri! Call me at 715-268-6605- email me at aaccjen@outlook.com or stop in the office to sign up to join us! We will have some fun items to share with all the on lookers!



Volunteers use this slip to fill out your hours you volunteer around the community! Either at church, with another organization or even here at The Community Center!

Amery Community Center Volunteer Hours

Name: _____

Month: _____

Total monthly hours: _____

Miscellaneous

- *Keep collecting those UPC's from Our Family products, every little bit helps to keep our home away from home operating! Stop in, call or email if you have questions! We will be collecting our first check this month!
- *Third Fridays for the next two months will be Friday September 20th and Friday October 18th!
- *I have had many ask about starting a knitting and crocheting group! YES! We can do that, let me know if you are interested and we can see what times work best for everyone!
- *We often have members ask what do you need? We are always in need of baking goods such as flour, sugar, brown sugar, chocolate chips, butter, & spices. I am also looking for another patio set and a waist-height bar style table for our drawings.
- *I am looking for a few Tide, Gain or other laundry detergent pods containers for a fun decoration project for Halloween, please save yours and bring it in when you can!
- *Let me know of any address changes You may have!



Would you like us to acknowledge your upcoming anniversary in our next newsletter? If so let us know by stopping by, calling or emailing us with your date!

HAPPY BIRTHDAY

Happy birthday to our July & August Members! **September:** Dan K, Janice M, Janet B, Kathy K, Barb S, Dona A, Kayla C, Mary F, Gary S, Carol P, Bob G, Sydney L, Betty T, Kristine D, Leslie M, Bob T-S, Paula B, Orville L, Ruth T, Bonnie E, Dave N, Leann W, Juanita S, Jerry K, Wendell A, Sue S, Jon B, Sue A, Susan P, Marrian S, & Barb W. **October:** Darla C, Joe G, Sylvia S, Julie S, Bobbi C, Stuart S, Michelle S, Dorothy L, Steve E, Bernie P, Denny P, Millie R, Kitty C, Pat K, Kristine K-H, Gail T, Lois V, Bonnie W, Sandee K, Henry U, Karen S, Ross S, Carol S, Ed Z, Josh N, Mary B, Linda H, Ben K, Pat M, & Beth P. Hope you all have a wonderful day! Please let us know if your name is spelled wrong or missing from this list. Thank you for understanding.

Upcoming Events

- *September 4-5- Community Center Rummage Sale.
- *September 12-15- Amery Fall Festival
- *September 15-8:30-11:30 Community Center Pancake brunch
- *September 18 All's Well That Ends Well-Part 3
- *September 20 3rd Friday Craft Day
- *September 25 Interfaith Caregivers Independent Living Series-Part 2
- *September 26-28- Sew-A-thon
- * October 10 ADRC Stepping-on Fall Prevention Class
- *October 11-12 Fall Scrap-A-Thon
- *October 16 All's Well That Ends Well-Part 4
- *October 18 3rd Friday Craft Day
- *October 31 Bonus Reflexology Day

If you would like us to email your newsletter instead of getting a paper copy; please let me know and I will add you to my list. aaccjen@outlook.com



Thank You TO OUR DONORS

Corporate Funders

Andersen Corporate Foundation
 Fred C. & Katherine B. Andersen
 Helen Bader Foundation
 Otto Bremer Foundation
 Polk Burnett Operation Round-Up
 Amery Area Community
 Foundation & St Croix Valley
 Foundation



Williamson - White
 FUNERAL HOME & CREMATION SERVICES
 222 Harriman Ave. N. • Amery, WI 54001
 (715) 268-7111 • www.williamsonwhite.com

A Family Tradition
 At Williamson-White we know the importance of family. Being family-owned means respecting family values-compassion, sensitivity, and a commitment to helping other families in their time of sorrow. By making arrangements before the time of need, your family can be relieved of making tough decisions during their time of grievance. We believe in transforming a fond remembrance into a truly meaningful and personal event for you and your family.
 Contact us for more information on funeral preplanning and pre-funding through
 222 Harriman Avenue North
 Amery, WI 54001
 715-268-7111

Gold Partners

City of Amery

Silver Partners

Amery Lions Club
 Town of Lincoln

Sustaining Partner;

Friends & Patrons

Worn Again
 Amery Snowmobile Club
 Lake Wapogasset & Bear
 Trap Improvement
 Association. Inc

Community Support

Bremer Bank
 CarlsonSV

Thank You!

A very special "Thank you" to those who have so generously given to the Amery Area Community Center. There are far too many to name you all, know that each of you are valued and we appreciate your support more than words can say! You are a blessing!

How can a Gift can keep on Giving!

Stuck trying to figure out what to give someone for their birthday? How about an annual gift certificate for membership to the Amery Area Community Center? It's a great way for everyone to celebrate their special day! Gift Membership Certificates and memorial envelopes available in the office.

I know that this never changes but I truly do believe this and appreciate all of you! I want to send out a sincere thank you to all those that have volunteered at the center, whether it is making coffee, helping out and organizing groups, mowing or weeding and taking care of our plants it does not go unnoticed!

Thank you

Thank you to our Coffee & Cookies sponsor for September! Caring Transitions owned by Spencer Korum and James Fall are your one-stop solution for relocation services for seniors and their families who need assistance with downsizing, decluttering, relocation management and estate sales. Their families have been in the Amery area since the 1800's and they look forward to continuing their connection in our community. They have worked with Caring Transitions as former employees and now want to play a bigger role in the company which includes expanding to Minnesota and providing service into Wisconsin. Call them for more details.



OUR SERVICES:



Relocation Services

- Downsizing & Decluttering
- Packing
- Moving
- Unpacking / Resettling



Estate Sales & Online Auctions

- Online auctions powered by CTBids.com
- Getting value from your belongings



Home Clean-outs

- Charitable Donations
- Recycling
- Junk Removal

**Call us today for a FREE Consultation
(715) 338-4830**

Chair Yoga



Andrea with *VogaSol* will be offering
Chair Yoga

When: Every Wednesday

Time: 8:00 am

Cost: \$5 per class

Who: Men & Women

Classes are **NOW** every Wednesday

Chair yoga is just as it sounds; yoga with a chair, a chair is used as a prop to aid with balance, it's a sturdy safe place to sit. Poses are modified to fit your needs.

The classes are open to the public; there will be a waiver for each participant to sign.

Amery Area Community Center

608 Harriman Ave. South

Amery, WI 54001

715-268-6605



- Ann Richter - President
- Bonnie Timm - Vice President
- Steve Sondreal - Secretary
- Dirk Prindle - Treasurer
- Sharon Marks - City Representative
- Dean Elken - Director
- Wendell Anderson - Director
- Jean Mattakat - Director
- Jean Frank - Director
- Marv Sias - Chair, Personnel and Volunteer Services
- Open - Finance and Governance Services

NON-PROFIT
ORGANIZATION

Permit #21

U.S. POSTAGE

PAID

Amery, WI 54001

Address Service Requested