

All's Well That Ends Well

A Series of End-of-Life Planning & Preparation

Amery Area Community/Senior Center
608 Harriman Ave S, Amery, WI 54001
Every 3rd Wednesday at 10:00 a.m.

Open to the Public!

The phrase "all's well that ends well" suggests that even in a situation begins with difficulties or unpleasantness, as long as it concludes satisfactorily, one can overlook the initial challenges.

Mark your calendars and join us at the Community Center every 3rd Wednesday for our **NEW** series, "All's Well That Ends Well" the planning and preparation of end-of-life care and Hospice. These one-hour sessions, set in a supportive and non-judgmental environment, will be filled with information to help you plan and prepare for Hospice and death.

November 20th

Pain & Symptom Management
Adoray Home Health & Hospice

December 18th

Enhancing Quality of Life with Aromatherapy
Adoray Home Health & Hospice



Sponsored by Adoray Home Health & Hospice | Hosted at the Amery Area Community Center



Interfaith Caregivers of Polk County

Bridging the gap to help seniors & adults with disabilities age at home since 1995.

Join us for a 6 month series about how to **thrive living independently!**

FREE AND OPEN TO THE PUBLIC!
Great for seniors, adults with disabilities, and their families!

You will learn...

What is Interfaith and how can it help me live independently

How to place an online grocery order for pick up

Set your home up for success

How to make Holiday gifts to connect with loved ones

Jump start your year with ways to stay independent

Ways to combat loneliness & get involved in the community



Wednesday Oct 21st: 9-11am

Wednesday Oct 27th: 9-11 am

Wednesday Oct 2nd: 9-11 am

Wednesday Nov 27th: 9-11 am

Wednesday Jan 22nd: 9-11 am

Wednesday Feb 26th: 9-11 am

Location: Amery Area Community Center
Address: 608 Harriman Ave S, Amery, WI 54001
Phone: 715-268-6605



Interfaith Caregivers of Polk County: 715-483-8500

Stepping On

A FREE Fall Prevention Class

Brought to you by the Aging & Disability Resource Center of Northwest WI in partnership with Polk County Public Health

Thursdays Starting Jan 2nd - Feb. 13

10:00am to 12:00pm

Amery Community Center
608 Harriman Ave. S
Amery, WI 54001

Stepping On is a FREE two hour, once a week, 7-week program for seniors living at home who have fallen or are concerned about risks.

This evidence-based program is proven to reduce falls in older individuals. The program incorporates strategies to implement positive lifestyle changes to keep you independent, upright and active. Guest experts will also visit to discuss topics!

Call to Register or Register Online

877-485-2372

www.adrcnwwi.org



NATIONAL DAY

WEDNESDAY MONDAY NOVEMBER 4TH IS

NATIONAL CANDY DAY!

Did you know that sugar was not always readily available. So instead, people made the first candies from honey. Candymakers coated nuts, fruits and flowers with honey to preserve them.



WEDNESDAY NOVEMBER 20TH IS

NATIONAL PEANUT BUTTER FUDGE DAY!

Peanut butter fudge adds great flavor to many desserts. Add it to ice cream, pies, and other candies. Of course, enjoying peanut butter fudge on its own is perfectly fine, too



FRIDAY DECEMBER 13TH IS NATIONAL

COCOA DAY!

Did you know cocoa contains significant amounts of antioxidants that may help prevent cancer & it has also been shown that the cocoa bean helps with digestion.












THURSDAY DECEMBER 26TH IS NATIONAL

CANDY CANE DAY!







Did you know that the first machine to make candy canes were invented in 1921 by Brasher O. Westerfield? Until then, they were made by hand.

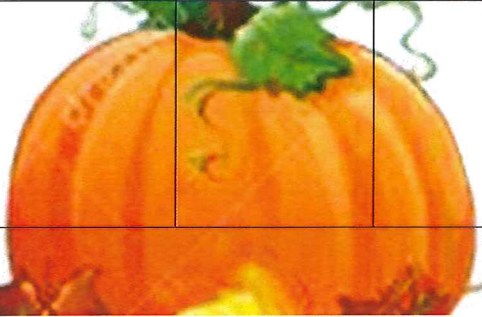
Stop in on any of these days for a tasty treat; while supplies last!

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9 am Bible Study	2 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage	3 8 am Coffee Club 9 am Pool 9 am Quilting 5:30 pm Stamping & Scrapping Christmas Party	4 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 10 am Alzheimer's Support Group 12:30 pm Bridge 1 pm Lions Club	5 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	6 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 1 pm Sing-A-Long & Love Light Tree Lighting 	7
8 9 am Bible Study 4 pm Beaver Brook 4-H Meeting	9 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 11 am Lions Club 12:30 pm Mahjong 1 pm Cribbage	10 8 am Coffee Club 9 am Pool 9 am Quilting 10 am Foot Care Clinic 1 pm 500 Cards	11 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 12:30 pm Bridge	12 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Reflexology 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	13 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 1 pm Bingo National Hot Cocoa 	14 
15 9 am Bible Study	16 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage	17 8 am Coffee Club 9 am Pool 9 am Quilting 7 pm Snowmobile Club Christmas Party	18 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 10 am All's Well That Ends Well Series; Aromatherapy 12:30 pm Bridge	19 8 am Coffee Club 9 am Pool 9 am Circle of Sisters 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	20 8 am Coffee Club 8 am 3 rd Friday Craft Day 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 	21 
22 9 am Bible Study	23 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage	24 Christmas Eve Closed 	25 Christmas Day Dinner 11-3 	26 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 1 pm Reflexology 6pm Duplicate Bridge National Candy Cane Day 	27 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 1 pm Bingo 	28 
29 9 am Bible Study	30 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage	31 8 am Coffee Club 9 am Pool 9 am Quilting Closing at 1pm	1 Closed 	2 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am ADRC's Stepping On 10 am Line Dancing 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	3 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker	4

Happy Thanksgiving

November 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 8 am Coffee Club 9 am Mahjong 9:30 am Polish Poker	2 RENTAL
3 9 am Bible Study 	4 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage National Candy Day! 	5 8 am Coffee Club 9 am Pool 9 am Quilting 5:30 Stamping & Scrapping	6 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 10 am Alzheimer's Group 12:30 pm Bridge 1pm Lions Club	7 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	8 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 1 pm Bingo 	9
10 9 am Bible Study 5 pm Beaver Brook 4-H Meeting	11 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 11 am Lions Club 12:30 pm Mahjong 1 pm Board Meeting  1 pm Cribbage	12 8 am Coffee Club 9 am Pool 9 am Quilting 10 am Foot Care Clinic 1 pm 500 Cards	13 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 12:30 pm Bridge	14 8 am Coffee Club 9 am Pool 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 1 pm Reflexology 6pm Duplicate Bridge 6:30 Rental	15 8 am Coffee Club 8 am 3 rd Friday Craft Day 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker	16 RENTAL
17 9 am Bible Study RENTAL	18 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 12:30 pm Mahjong 1 pm Cribbage 5 pm Quilt Guild Meeting	19 8 am Coffee Club 9 am Pool 9 am Quilting 5:30 Stamping & Scrapping 7 pm Snowmobile Club	20 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 10 am All's Well That Ends Well Series; Pain & Symptom Mgmt 12:30 pm Bridge National Peanut Butter Fudge Day!	21 8 am Coffee Club 9 am Pool 9 am Circle of Sisters 9 am Knitting & Crocheting 10 am Line Dancing 1 pm Hand & Foot 6pm Duplicate Bridge 6:30 Rental	22 8 am Coffee Club 9 am Silver Foxes 9 am Mahjong 9:30 am Polish Poker 1 pm Bingo 	23
24 9 am Bible Study	25 8 am Coffee Club 9 am Silver Foxes 10 am Line Dancing 1 pm Cribbage 12:30 pm Mahjong	26 8 am Coffee Club 9 am Pool 9 am Quilting 1 pm 500 Cards	27 8 am Coffee Club 8 am Chair Yoga 9 am Silver Foxes 9 am Interfaith Caregivers Series: Holiday Gifts 12:30 pm Bridge	28 Closed  RENTAL	29 Closed BLACK FRIDAY	30 RENTAL



When I attend social events (coffee for example), activities, programs, or classes at the Amery Area Community Center I often (check all that apply):

- Learn new things
- Have fun
- Connect with people I know
- Meet new people
- Make new friends

Are there other ways you feel you benefit from AACCC offerings? – if yes, please explain.

How did you learn about AACCC? What prompted you to start coming to the center?

What is your favorite activity at AACCC?

What other types of programs or classes would you like to see offered at Amery Area Community Center?

Please share any other comments or suggestions you have for us!

Thank you for completing our survey! We really appreciate it! You are always welcome to share your thoughts and ideas directly with us through calls, emails, and visits too!



Amery Area Community Center

Join Us at the Center of Activity!

2024 Amery Area Community Center Survey

Please tell us a little bit about yourself:

I am:

- Under 55 years old
- 55-64 years old
- 65-74 years old
- 75-84 years old
- 85 years old or older
- Prefer not to say

I live in (County):

- Polk County
- St. Croix County
- Barron County
- Dunn County
- Other (Please specify) _____

I live in (Township):

- Alden
- Black Brook
- Garfield
- Lincoln
- Other (Please specify) _____

Please share a little bit about your experience at the Amery Area Community Center:

In an average month, I go to the Amery Area Community Center:

- More than once per week
- About once per week
- About once every couple of weeks
- About once per month
- Occasionally, less than once per month

Amery Community Center's Christmas Day Dinner

Public
Welcome

Where: Amery Community Center

608 Harriman Ave South

When: 11:00am-2:00pm on December 25th

Suggested donation of \$10 per adult & \$5 per
child (10 & under)

No one will be turned away unless we run out of food.

Meal choices:

Sliced Turkey & Ham , mashed potatoes & gravy, stuffing, cranberries,
corn souffle, green bean casserole.

Or

Pasta Primavera with roasted seasonal vegetables, sliced turkey& ham,
and green salad.

Please notify of food restrictions when making your reservation.

All meals will include a relish & bread tray; self-serve non-alcoholic
beverages & a variety of desserts.

Age 21+: 4oz glass of red, white or pink wine available for \$3 each.

Reserve your spot today by calling 715-268-6605
with the number of people in your party and your
choice of meal. All reservations need to be made by
December 10, 2024.

Love Light Tree

This is an exceptional occasion
for you to remember or honor
loved ones at this special time of
year. The funds donated will be
used to help offset the cost of
new furniture purchased for the
Community Center.

There will be 3 different colored
ornaments for "In Memory of";
"In Honor of" & for our
Veterans; either those who have
served or are
currently serving.

Check in at the
office for more
information
or to pick up a
form.



Love Light Tree & Sing-A-Long

Join us Friday December 6th at 1:00 pm

Featuring:

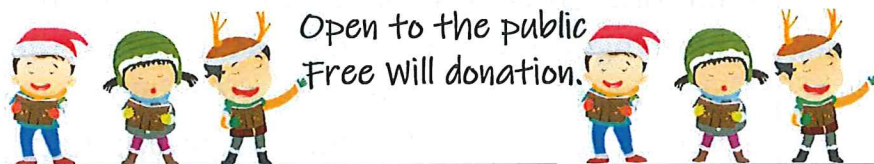
Our very own Amery Line Dancers and other
entertainment

Our Love Light Tree will be lit at 3:00 after a special
dedication and reading of our loved ones.

Refreshments will be served

Open to the public

Free Will donation.



It's that time of year again! 2024
memberships are coming due. A
membership to the Community
Center for the year starting on January
1st through December 31st is \$20 per
person. Please consider donating
more as that helps offset the cost of
the membership of those who cannot
afford to pay. I have added the form to
the back page, please fill out **only if**
you have had any changes to your
phone or address in the past year. **And**
check in with the office to update
your emergency contact information!

Thank you! Cash or check, only;
please.



In order to conserve energy, we are
keeping the second door in the entryway closed. If you
need assistance navigating the door way; please give us a
call before you leave home or knock on the door and
someone will be happy to assist you.

Volunteers use this slip to fill out your hours you volunteer around the community! Either at church, with another organization or even here at The Community Center!

Amery Community Center Volunteer Hours

Name: _____

Month: _____

Total monthly hours: _____

Foot Care Clinic

Only two times available for November!!

We have a **NEW** Foot Care Clinic Nurse!

When: Every Second Tuesday of each month starting on November 12th

Time: 10:00 am – 3:00 pm

Cost: \$25 cash or check, please

Walk-in appointments will be accepted the first couple months.

Stop in the office or call 715-268-6605 to Schedule your appointment now!

Open to the public.

Miscellaneous



* We are asking for cookie tray donations for our Christmas Day dinner; please drop them off by Tuesday December 23 at 3:00pm!

*Keep collecting those UPC's from **Our Family products**, every little bit helps to keep our home away from home operating! Stop in, call or email if you have questions!

*We often have members ask what do you need? We are always in need of baking goods such as flour, sugar, brown sugar, chocolate chips, butter, & spices.

***NEED HELP WITH YOUR CELL PHONE OR COMPUTER? I CAN HELP! CALL FOR AVAILABLE TIME FOR ME TO SIT DOWN WITH YOU AND GUIDE YOU THROUGH YOUR ISSUES.**

*Let me know of any address and emergency contact changes.

Our **Fifth Friday** craft day is on **Friday January 31**. Starting at 8am to 4ish? Depending on who attends and when they want to go home. Stop in for a while or stay the whole day! We are going to use the Center as is with minimal rearranging of tables and chairs. This is for those that just want a day to craft (quilting, knitting, beading...) and have fun. Bring your own supplies and meals; feel free to bring something to share, if you like. We can turn on a fun movie or two and craft all day! Mark your calendars for **May, August and October for 2024!**

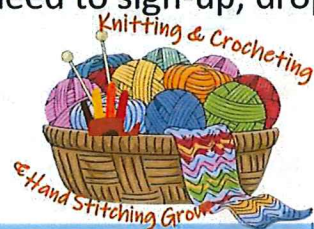


We are going to have "Elfie" visit year, again! Each business day that we are open, during December, our little elf will fly to a different part of the center. We ask that you keep it a secret of where he is, write your name and location of "Elfie" on a drawing slip each day and you will be entered into a drawing for a gift basket of goodies!

The winner will be drawn on **Tuesday December 23rd at 12:00!**



We have a new group! Knitting & Crocheting & Hand Stitching group! After gathering a list and coordinating schedules we have come up with day and time to meet! **Thursdays at 9:00 am**, bring your knitting, crocheting or counted cross stitch, hardanger or other hand crafts to our group and meet some new friends and maybe learn a new craft! No need to sign-up; drop in for the whole time or come when you can! We would love to see you!





Happy birthday to our November & December Members! **November:** Wayne P., Kerm H., Muriel N., Annette K., Joanne J., Robert S., Carol W., Mary W., Mark H., Greg B., Mary M., & Gretchen J. **December:** Bob W., Peg B., Janet E., Lucy M., Kathy N., Shar M., Gerri B., Carrie B., Matt S., Janet D., Jim H., Kristina R., Dawn A., John T., Margie T., Sharon M., Linda A., Rodney B., John C., Nicole D., Kathleen e., David P., Angela P., Hollie S., Sallie T., & Elizabeth W. Hope you all have a wonderful day! Please let us know if your name is spelled wrong or missing from this list. Thank you for understanding.

Would you like us to acknowledge your upcoming anniversary in our next newsletter? If so let us know by stopping by, calling or emailing us with your date! We have a couple so far!

Upcoming Events

- *Third Fridays for the next two months will be Friday September 20th and Friday October 18th!
- *Our Circle of Sisters will be meeting on Thursday November 21st and Thursday December 19th dates.
- *Chair yoga is every Wednesday at 8, sign up to as a new member to the Center and get one session FREE!
- *Dec 6th-Love Light Tree Ceremony

If you would like us to email your newsletter instead of getting a paper copy; please let me know and I will add you to my list. aaccjen@outlook.com



Thank You TO OUR DONORS

Corporate Funders

Andersen Corporate Foundation
 Fred C. & Katherine B. Andersen
 Helen Bader Foundation
 Otto Bremer Foundation
 Polk Burnett Operation Round-Up
 Amery Area Community Foundation & St Croix Valley Foundation



Williamson - White
 FUNERAL HOME & CREMATION SERVICES
 222 Harriman Ave. N. • Amery, WI 54001
 (715) 268-7111 • www.williamsonwhite.com

A Family Tradition
 At Williamson-White we know the importance of family. Being family-owned means respecting family values-compassion, sensitivity, and a commitment to helping other families in their time of sorrow. By making arrangements before the time of need, your family can be relieved of making tough decisions during their time of grievance. We believe in transforming a fond remembrance into a truly meaningful and personal event for you and your family. Contact us for more information on funeral preplanning and prefunding through 222 Harriman Avenue North Amery, WI 54001 715-268-7111

Gold Partners

City of Amery

Silver Partners

Amery Lions Club
 Town of Lincoln

Sustaining Partner; Friends & Patrons

Worn Again
 Amery Snowmobile Club
 Lake Wapogasset & Bear Trap Improvement Association. Inc

Community Support

Bremer Bank
 CarlsonSV

Thank You!

A very special "Thank you" to those who have so generously given to the Amery Area Community Center. There are far too many to name you all, know that each of you are valued and we appreciate your support more than words can say! You are a blessing!

How can a Gift can keep on Giving!

Stuck trying to figure out what to give someone for their birthday? How about an annual gift certificate for membership to the Amery Area Community Center? It's a great way for everyone to celebrate their special day! Gift Membership Certificates and memorial envelopes available in the office.

I know that this never changes but I truly do believe this and appreciate all of you! I want to send out a sincere thank you to all those that have volunteered at the center, whether it is making coffee, helping out and organizing groups, mowing or weeding and taking care of our plants it does not go unnoticed!

Thank you

Amery Area Community Center Membership Application

608 Harriman Avenue South – Amery, WI 54001 – 715-268-6605

NAME: _____ DATE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____

BIRTHDATE: _____

E-MAIL ADDRESS _____

____ Individual \$20
To become a Patron;
Members donate \$10 or more
in addition to the individual
membership fee.

EMERGENCY CONTACT/PHONE: _____

WOULD YOU LIKE TO BE ON A COMMITTEE? ___ Finance ___ Membership ___ Personnel ___ Board Member

By signing this form, I will hereby follow the Code of Conduct that was given to me. (On Back)

Member Signature

Amery Area Community Center

608 Harriman Ave. South

Amery, WI 54001

715-268-6605



Ann Richter - President
Bonnie Timm - Vice President
Steve Sondreal - Secretary
Dirk Prindle – Treasurer
Sharon Marks-City Representative
Dean Elken- Director
Wendell Anderson - Director
Jean Mattakat - Director
Jean Frank - Director
Marv Sias - Chair, Personnel and
Volunteer Services
Open- Finance and Governance
Services

NON-PROFIT
ORGANIZATION
Permit #21
U.S. POSTAGE
PAID
Amery, WI 54001

Address Service Requested